

# BeYourself ... Everyone else is taken!

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Aura Photographs/Readings are a powerful aid to counseling or Life Coaching.

They can greatly reduce the time needed to gain insight and perspective on one's life and goals.

# What aura photographs can reveal:

# • Energetic assets.

The color size, shape and intensity of your aura reveal your energetic "bank account," the nature and variety of your gifts. Compassion, vitality, empathy, curiosity, and healing energy are but a few of the qualities visible as colors in the auric field.

### \* Energetic overloads.

There are areas in the aura that could be called "electric fences," varying "wattages" of energy often in excess of someone's actual needs. Once these can be made conscious, the extra energy they require can be returned to the person for use in the here and now.

### \* Identification of cosmic contracts.

This could be described as your agreement to manifest a predominant archetype in this lifetime. Some of these are Cosmic Warrior, Earth Mother, Male-Female Evolutionary Combination, Communications Expert, Peace Corps Member and Spiritual Activist. Knowing your contract allows you to work with instead of against these forces.

### \* Self-healing and empowerment.

Aura reading gives one a non-judgemental lens through which to see one's life. Self-knowledge is the basis of peace.

Belle's Life Coaching specialties include: Relationship redesigning Transitional trauma New ways to get unstuck from old ruts Unusual personal and/or mystical experiences Getting comfortable with your Dark side

Belle offers an aura photo with <sup>1</sup>/<sub>2</sub> hour reading, full-hour reading, follow-up Life Coaching sessions and lighter fare for private parties.